

HEALTH AND WELLBEING BOARD	AGENDA ITEM No. 6(a)
10 DECEMBER 2018	PUBLIC REPORT

Report of:	Wendi Ogle-Welbourn, Executive Director, Dr Liz Robin, Director of Public Health	
Cabinet Member(s) responsible:	Cllr Wayne Fitzgerald and Cllr Diane Lamb	
Contact Officer(s):	Helen Gregg, Partnership Manager	Tel. 863618

HWB STRATEGY PERFORMANCE REPORT

RECOMMENDATIONS	
FROM: Executive Director and Director of Public Health	Deadline date: N/A
<ol style="list-style-type: none"> 1. It is recommended that the Health and Wellbeing Board consider the content of the report and raise any questions 2. Members to challenge performance against action plans and agree future actions to address 	

1. ORIGIN OF REPORT

1.1 This report is presented to the Health & Wellbeing Board at the request of Wendi Ogle-Welbourn, Executive Director and Dr Liz Robin, Director of Public Health.

2. PURPOSE AND REASON FOR REPORT

2.1 The purpose of this report is to provide Board members with a summary of progress against the Future Plans identified for each of the focus areas outlined in the Health & Wellbeing Strategy 2016-2019.

2.2 This report is for the Health and Wellbeing Board to consider under its Terms of Reference Numbers:

2.8.3.1 To develop a Health and Wellbeing Strategy for the city which informs and influences the commissioning plans of partner agencies

2.8.3.2 To develop a shared understanding of the needs of the community through developing and keeping under review the Joint Strategic Needs Assessment and to use this intelligence to refresh the Health and Wellbeing Strategy

3. TIMESCALES

Is this a Major Policy Item/Statutory Plan?	NO	If yes, date for Cabinet meeting	N/A
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4. BACKGROUND AND KEY ISSUES

- 4.1 The Health & Wellbeing Strategy 2016-19 identified key focus areas. A performance report for each focus area is contained within **Appendix 1**.

In addition to the performance headlines listed below, we would also like to highlight activity in the following areas:

Children and Young People

- 97% of all new mothers in Peterborough received a New Birth Visit
- 92% of families had a 12 month development check by 15 month
- 80% of children received a 2-2.5 year development check
NB: the provider is struggling to meet some targets due to workforce issues but is working hard to improve and meet targets.
- Emotional Health and Wellbeing concerns continue to be the most prominent issue school nurses are dealing with. 389 pupils were seen for mental health/wellbeing issues during the quarter
- School Nurses co-delivered 158 HYPA clinics with ICash. These are drop-ins held on a weekly basis at most secondary schools. Young people can access these drops in for a range of support and advice.
- CHUMS Counselling and Talking Therapies deliver services across the county. Between April-September 2018, CHUMS received 1641 referrals during the reporting period. "Anxiety" is the largest presenting core issue (1204), although a similar proportion are considered as 'other' which includes behaviour (678), self-harm (303), self-esteem (185).
- The two providers of the Healthy Child Programme across Cambridgeshire and Peterborough, are reviewing the service offer and working on a new integrated service specification based on a holistic 0-19 model
- An emotional and social development pathway has been implemented and is becoming embedded to address long waiting lists for ASD and/or ADHD assessments

Growth, Health and the Local Plan

- The local plan was submitted in March and hearings are currently underway and will be completed by the end of November. The outcome of the inspectors review will be known in the new year.
- A new Healthy Weight Strategy will be developed for Peterborough which will adopt a whole system approach
- Since the last performance report a revised version of the Environmental Action Plan has been published

Health and Transport Planning

- Road safety - reported casualties have risen significantly since 2015. Early indications suggest this is predominantly down to a new reporting system (CRASH)
- Over the last academic term 19 schools have remained active with Bike It+ with a focus having been placed on schools selected through the period of Public Health and Combined Authority funding
- Between April 2018 and September 2018, Bike It+ delivered 54 activities; engaging with 4303 pupils, 242 staff, and 600 parents. There were 1464 bikes and 1121 scooters counted and logged by either Bike It officers, Bike It crew or School Champions
- Travelchoice held a number of public engagement events throughout the summer including the iconic cycle cinema at Central Park, where 5 times British men's elite and European mountain bike champion Danny Butler performed before the movie
- Over 1,000 year 6 pupils across Peterborough have taken part in the Safety Challenge
- Be Safe Be Seen activities have been delivered across the city to coincide with the clocks going back to remind vulnerable road users of the need to be seen during the winter

- months.
- Over the last 6 months we have been working with a number of businesses in the Lynch Wood Business Park to deliver bespoke sustainable and active travel advice to employees
- Public Health, Travelchoice and the Prevention and Enforcement Service are working together to maximise opportunities for sustainable active travel and improved road safety and meet regularly to plan for the future.

Health and Wellbeing of Diverse Communities

- 140 health checks were completed for people with South Asian ethnicity through outreach work for these three quarters of 2017/18.
- Work is underway to produce and promote health and wellbeing information for diverse ethnic communities including a range of videos providing information about registering with a GP, out of hours services, accessing dental care, role of pharmacies, maternity services, child health, how to obtain help in emergencies, rights and responsibilities for driving in the UK, employment - obtaining work and rights and responsibilities, housing needs and issues and alcohol awareness.
- The “Getting to Know You” project has engaged 306 learners of 36 different nationalities from 5 continents with ages ranging from 18 to 59. Most learners live in wards that have a higher IMD (Index of Multiple Deprivation) score than the national average
- Over 300 community members have been engaged in Peterborough via the lifestyle service. Sessions are being delivered in Peterborough focussing on weight management, alcohol use/physical activity and smoking cessation and individual goals set with members of the migrant population
- Solutions 4 Health are delivering weekly outreach sessions in the Operation Can Do Area and are joined by the Aspire Outreach Worker so anyone needing extended brief interventions or structured on-going support around alcohol can access help directly
- The DCLG have selected the alcohol project in Wisbech and Peterborough as one of the projects to be evaluated by the IPSOS MORI as part of the national evaluation of the Controlling Migration Fund

Health Behaviours and Lifestyles

- Across all treatment groups there has been an increase in the number of people in treatment
 1. Alcohol clients, 4.5 % increase in 17/18 compared to previous year 16/17
 2. Drug treatment, across all substances 6% increase in 17/18 compared to 16/17
 3. Young People in treatment, 40% increase in 17/18 compared to 16/17
- With regards to criminal justice clients, activity indicates strong pathways into community treatment from prison with engagement rates over 20% higher than the national average.
- Weight management and physical activity programmes for children and adults are being delivered with 176 adults accessing 1:1 or group support since April 2018. Over 96 children and their families have also been supported through weight management and physical activity programmes, predominantly delivered in local primary schools.
- The Healthy Workplace Support Service was recommissioned and the new contract commenced in June 2018. The provider, Everyone Health, will work with partners in Peterborough to target routine and manual workforces as well as providing a universal offer/self assessment to workplaces to support the adoption of a healthy workforce culture
- The Healthy Schools Support Service has been commissioned and the new contract started in October 2018
- Public Health, in partnership with Aspire, held a health & wellbeing event to launch the newly developed Healthy Lifestyles booklet. The event included a marketplace of stall holders providing information about their services. These included, Mental health Services, Maternity Services, Age UK, Citizens Advice Peterborough, Housing professionals, Vivacity, Promoting Diversity, Peterborough Council for Voluntary Services, Alzheimer's Society, Healthwatch, City College and many more. Over 100 people took part in the event.

Housing and Health

- A total of 877 referrals have been received for the Handyperson service

- A number of requests for minor aids & adaptations were received, many of which facilitated a timely hospital discharge
- PCC was part of a consortium bid to the £150m Warm Homes Fund which was successfully awarded £4.9m over the next 3 years. This will provide first time central heating and a free connection to the gas network where a property has electric storage heaters, electric room heater or gas room heaters
- Selective licencing - the council has to date received over 7,000 applications for licences, of which 5,944 have been granted. Housing standards are already showing signs of improvement
- The Local Energy Advice Partnership (LEAP) has committed funding from the energy suppliers until March 2020. So far 447 referrals have been made, 320 LEAP visits have been carried out resulting in unit bills savings of £171 with total lifetime bill savings of £54,720. 3,554 easy measures have been installed during these visits resulting in total lifetime bill savings of £275,574.89. 31 cases have switched Gas Tariff, 33 cases have switched Electricity Tariff, 47 cases with potential hazards have been referred back to the Council and 28 Fire Service Safe & Well referrals have been made.

Mental Health for Adults of Working Age

- Training in suicide prevention for GPs is being funded to continue for a second year with sessions planned for November 2018
- Excellent progress with implementation of the Crisis Concordat Action Plan by the MH Delivery Board, with most of the initial 17 priorities having been completed and closed and new objectives added as part of the process of continuous improvement
- The work to develop an effective pathway to employment for people with mental health problems initiated in 2017 has continued with a multi-agency Steering Group having been established across Cambridgeshire and Peterborough.
- The next stage in the development of the MH Employment Strategy is to engage with communities and individuals to identify the support and intervention that they need to support them towards or into employment
- A joint community mental health delivery plan has been agreed. Priorities 2018/19 include ensuring that mental health services are seamless (well co-ordinated) across health and social care and mental and physical health and wellbeing and that commissioning and delivery is clearly focussed on recovery and outcomes.
- The Housing and Accommodation review is the key priority for Mental Health social care. This means that there is now a joint plan for both acute and community mental health services.
- Partnership and co-production approaches particularly inform improvement in the following areas: Suicide prevention, Mental Health Employment, the Recovery and Community Inclusion service and Information about mental health services

Protecting Health

- The Cambridgeshire and Peterborough Sexual Health Delivery Board has been formed with representation from commissioners and providers of sexual health, contraception and reproductive services along with children's social care services. It is also supported by Public Health England. The Group is tasked with informing the development and commissioning of services and fostering collaborative working across organisations to improve outcomes. A Delivery Plan has been produced and priority areas identified.
- TB - Cumulative data to end of January 2018 showed that 494 people were screened, 397 negative, 65 positive, 8 borderline negative, 11 borderline positive. This activity is higher than other pilot areas in the region and there has been a positive response by the practices to the screening programme.

Screening programmes -

1. Bowel Cancer screening uptake: Diagnostic waiting times are below target. NHS England are working with NWAFT to address this. Quality assurance visit to this programme took place in September 2018.
2. Cervical cancer screening coverage: decline appears to have levelled off but remains below acceptable level. NHS England are leading a project to increase uptake.
3. Breast screening uptake: waiting times for appointment are below target due to a number

- of factors – NHS England are liaising with the provider.
4. Diabetic eye screening and abdominal aortic aneurysm screening programmes are generally performing well with good uptake.
 5. Antenatal and newborn screening programmes are generally working well. The National Quality Assurance team visited this programme at NWAFT at September 2018.

Immunisations -

1. Rotavirus uptake rates remain low at 88%. NHS England are investigating possible causes for this in order to inform action to improve uptake
2. There are low uptake rates for the pre-school booster - NHS England project to improve MMR and Pre-school booster continues, and includes circulating a reminder leaflet to local Children's Centres
3. Shingles vaccine uptake remains a concern. NHS England have launched a project in October 2018 to improve uptake rates

The Cambridgeshire and Peterborough system has been asked by Public Health England to be one of two sites nationally to undertake a feasibility study for developing a model that will better align commissioning of sexual health services across the local authorities, the Clinical Commissioning Group and NHS England

Health and Wellbeing of People with Disability and/or Sensory Impairment

Peterborough Physical Disability Partnership Board -

- The charity Little People UK has recently joined the Board.
- The Board are working with Peterborough Jobcentre on the first Job Fairs for people with disabilities and sensory impairment across Peterborough which is due to take place in 2019.
- Members working with both Queensgate and Serpentine Green on a number of events including Queensgate's annual event, Enabled, which takes place in December.

Peterborough Sensory Partnership Board

- Adult Social Care Commissioning have set up a Sensory Strategy Working Group with sensory organisations to co-produce a joint strategy with Cambridgeshire

Peterborough Disability Forum

- 10 Students from City College will join Shopmobility on a one year "internship". They will provide Mobility Scooters or Wheelchairs to disabled, elderly or vulnerable train and bus passengers as well as disabled drivers using city centre car parks. Students will also learn office based skills, maths and English and the basic mechanics of mobility scooter upkeep.
- Adult Social Care Commissioning are working closely with Peterborough Jobcentre, and the City Health and Care Sector Academy to ensure that people with disabilities, sensory impairment and also unpaid carers are not excluded from the workplace, health and wellbeing training and volunteering.

Peterborough Information Network

- The Peterborough Information Network, launched in February 2018, is a comprehensive information, advice and guidance platform. During April to September a programme of awareness raising and promotion briefings and presentations was undertaken.
- In September 2018 a dedicated PIN Officer was recruited to manage the website and co-ordinate co-production.

Peterborough Care and Support Directory

- The 2018 Peterborough Care and Support Directory was delivered to a range of locations across the city in August 2018.

Geographical Health Inequalities

- The National Citizenship Service will be developing a programme with NCS to discuss the regeneration programme with young people and ask for their opinions and ideas on improvements to the area, specifically around the environment and open spaces.

- The transfer of the Gladstone Park Community Centre to the Thomas Deacon Academy Trust has been agreed and will be taken forward with the anticipated completion date being March 2019. This will enable better integration between the school and community activities, and secure the long term future of the premises.
- Highways colleagues from PCC and Skanska are working with LDA landscape architects to develop options in relation to the public realm scheme of works. The works aim to bring about real regeneration to the area and bring a sense of pride and ownership to local residents.
- The PECT / Community First post code lottery project has completed 18 of the 20 planters. 72 volunteers and 112 bags of waste have been collected during the project. Positive feedback from the community which has led to new community members volunteering

Long Term Conditions and Premature Mortality

- Diabetes - Cambridgeshire and Peterborough has been rated as “greatest need for improvement” for diabetes in the CCG Improvement and Assessment Framework. To date 95 practices have referred patients onto the Diabetes Prevention Programme, and over 7,700 people have been referred to the programme since October 2016 to present.
- British Lung Foundation Self Management workshops – two workshops have taken place and a further workshop is scheduled to take place in December. The overall feedback from the events has been positive. The workshops will teach patients to manage their symptoms including exercise and smoking advice and also reduce exacerbations
- There is a local enhanced service (LES) in place that almost all practices have signed up to. This is to support primary care training and development, and to encourage more integrated working with the specialist diabetes teams in community and secondary care. The service will help to reduce the expected increase in the number of people developing type 2 diabetes. This will be achieved through proactively identifying and referring people who are at high risk of developing the disease to the local NHS Diabetes prevention programme.
- There are multidisciplinary foot care clinics taking place at Peterborough hospital to raise awareness of patients with high risk feet on hospital wards and enable early detection and prevention or intervention for diabetic foot problems. The Multidisciplinary Footcare Team has developed a foot care training programme for acute and primary care staff that is delivered by the podiatry team.
- Good engagement with practices across the CCG with the NHS, and this has been seen particularly in areas of high prevalence of type 2 diabetes (Peterborough and Fenland), to increase referrals to the Diabetes Prevention Programme
- Respiratory - the respiratory project group has included a number of stakeholders including representatives from CPFT, CCG, GPs and pharmacy. The service regularly attends GP, acute and secondary care events to promote the services they have to offer and this has seen an increase in the referrals from those areas. The service has recently opened up self-referrals in Peterborough and this has been integrated with pharmacies in the area so self-referrals can be made via this pathway.

Sustainable Transformation 5 Year Plan (including BCF)

- Falls prevention: Proactive screening across all neighbourhood teams is established via a multi-factorial falls risk assessment. A ‘Stronger for Longer’ communication campaign launched on the 1st October 2018 with the aim of encouraging older people 65+ years to do strength and balance exercises at least twice a week to prevent falls and maintain independence
- Stroke Prevention: Between September 17 and June 18 the rate of patients being anticoagulated increased among participating practices from 74.7% to 79.2%. The programme was associated with an increase in the number of patients being anticoagulated by 289. Overall, this should lead to the prevention of 12 strokes over the next year across Greater Peterborough and Wisbech.
- Investment in Housing for Vulnerable People: A cohort of service users with learning disabilities has been identified. They have very complex needs and require bespoke and specific accommodation and support. An initial property has been purchased and robust transition plans for each service-user are being developed.
- Jointly funded STP and BCF Prevention initiatives are being implemented: Falls

- Prevention and Atrial Fibrillation
- Development and implementation of local DTOC plans, close partnership working to roll out and evaluate initiatives, including two recent evaluation workshops to review progress of the iBCF interventions.

5. CONSULTATION

5.1 Consultation has not been required.

6. ANTICIPATED OUTCOMES OR IMPACT

6.1 The Board is expected to review the information contained within this report and respond / provide feedback accordingly

7. REASON FOR THE RECOMMENDATION

7.1 To ensure members are kept regularly informed of progress and any barriers/challenges that may be preventing progress so that members may assist in unblocking these.

8. ALTERNATIVE OPTIONS CONSIDERED

8.1 The Board must be kept informed of progress against the identified focus areas within the current Health & Wellbeing Strategy.

9. IMPLICATIONS

Financial Implications

9.1 There are no financial implications associated with this report.

Legal Implications

9.2 There are no legal implications associated with this report.

Equalities Implications

9.3 There are no equality implications associated with this report.

10. BACKGROUND DOCUMENTS

Used to prepare this report, in accordance with the Local Government (Access to Information) Act 1985

10.1 Health & Wellbeing Strategy 2016-19

11. APPENDICES

11.1 *Appendix 1 Focus Areas Performance Reports*
Appendix 2 Future Plans
Appendix 3 RAG Ratings and Risk Register

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